

# 2018-2019 DAILY ACTIVITIES

## MONDAY

**A.M.**  
 7:00 Tennis Early Bird Rnd Robin (TC)  
 8:00 Yoga (PR)  
 9:00 Water Aerobics (Pool)  
 9:00 Paint for Fun (CRA)  
 9:00 Beg. Quilters (KOK)  
 9:00 Ham Radio (CR)  
 9:00 Ceramics  
 9:15 Shuffleboard Group Play (SC)  
 9:30 Round Dance Lessons Ph 6 (BR)  
 10:00 Chair Exercise (PR)  
 11:00 Water Aerobic (Pool)  
**P.M.**  
 12:15 Bowling AMF Lanes  
 12:30 Golf-Sunland East  
 (Sign up outside bulletin board)  
 12:30 Ponytail Canasta (CR)  
 12:30 Round Dance Clinic Ph 4-6 (BR)  
 1:00 Open Quilting (KOK)  
 1:00 Bocce Ball (CIT)  
 1:00 Woodcarving (PR)  
 1:30 Tennis Ladies Rnd Robin (TC)  
 5:00 Snowbird Café (Patio)  
 5:00 AZ Blankets 4 Kids (KOK)  
 6:15 Village Voices (PR)  
 7:00 Pinochle (CR)  
 7:00 Game Night (CR) (JAN-MAR)

## TUESDAY

**A.M.**  
 7:00 Tennis Early Bird Rnd Robin (TC)  
 7:30 Tai Chi (BR)  
 7:30 Yoga (PR)  
 7:30 Hiking (meet at Flagpole)  
 8:00 Blood Pressure Clinic 2<sup>nd</sup> & 4<sup>th</sup>  
 (CAC)  
 9:00 Ceramics  
 9:00 Bicycle Group (AZ)  
 9:00 Water Aerobics (Pool)  
 9:00 Paint for Fun (CRA)  
 9:00 AZ Blankets 4 Kids (KOK)  
 9:00 Yoga (PR)  
 9:00 Softball Jan. & Feb.  
 (Time varies)  
 9:15 Shuffleboard Group Play (SC)  
 9:30 Architectural Comm. (Conf)  
 10:00 Zumba (BR)  
 11:00 Water Aerobics (Pool)  
**P.M.**  
 12:30 Pony Tail Canasta (CR)  
 12:45 MahJong (CR)  
 1:00 Sylvia's Dance (BR)  
 2:00 Golf-Sunland Village  
 (Sign up outside bulletin board)  
 5:00 Open Quilting (KOK)  
 5:00 Potluck (BR) (JAN-MAR)  
 6:15 Omaha Poker (CR)  
 6:30 Bingo-Doors open (BR)  
 6:30 Ukelele Group (CAC)  
 7:00 Meeting of the AH Minds (AZ)

## WEDNESDAY

**A.M.**  
 7:00 Tennis Early Bird Rnd Robin (TC)  
 8:00 Yoga (PR)  
 8:30 News Hour (BR)  
 9:00 Water Aerobics (Pool)  
 9:00 Ceramics  
 9:00 Quilters w/Class (KOK)  
 9:00 Oil Painting (CRA)  
 9:15 Shuffleboard-Group Play (SC)  
 9:30 Bible Study (CR)  
 11:00 Water Aerobics (Pool)  
 11:30 GALS Luncheon 2<sup>nd</sup> Wed (BR)  
 11:30 Snowbird Café (Patio)  
**P.M.**  
 12:30 Ponytail Canasta (CR)  
 1:00 Stained Glass (CRA)  
 1:00 Bocce Ball (CIT)  
 1:00 MahJong (CAC)  
 1:00 Open Quilting (KOK)  
 4:30 Single Ladies Social Hour (AZ)

## THURSDAY

**A.M.**  
 7:00 Tennis Early Bird Rnd Robin (TC)  
 7:30 Tai Chi (BR)  
 7:30 Yoga (PR)  
 8:45 Line Dance (BR)  
 9:00 Chair Massage (CAC)  
 9:00 Village Quilters (KOK)  
 9:00 Stained Glass (CRA)  
 9:00 Ceramics  
 9:00 Yoga (PR)  
 9:00 Water Aerobics (Pool)  
 9:15 Shuffleboard-Group play (SC)  
 10:00 Chair Exercise (PR)  
 11:00 Water Aerobics (Pool)  
**P.M.**  
 12:30 Pony Tail Canasta (CR)  
 1:00 BOD Workshop 1<sup>st</sup> only (CR)  
 1:00 BOD Meeting 3<sup>rd</sup> only (BR)  
 1:00 Woodcarvers (PR)  
 1:30 Tennis-Men's Rnd Robin (TC)  
 2:00 Veteran's Club 2<sup>nd</sup> only (AZ)  
 6:15 Texas Hold 'Em (CR)  
 6:30 Ukelele Group (PR)  
 7:00 Pinochle (CR)  
 7:00 Round Dance Ph 4/5/6 (BR)  
 7:00 Paper Crafting (CRA) (JAN-MAR)

## FRIDAY

**A.M.**  
 7:00 Tennis Early Bird Rnd Robin (TC)  
 8:00 Yoga (PR)  
 9:00 Open Quilters (KOK)  
 9:00 Ceramics  
 9:00 Water Aerobics (Pool)  
 9:00 Bicycle Group (AZ)  
 9:00 Craft Sharing (CRA)  
 9:00 Creative Writing (CAC) (Jan-Mar)  
 9:15 Shuffleboard Group Play (SC)  
 11:00 Water Aerobics (Pool)  
 11:30 Snowbird Café (Patio)  
**P.M.**  
 1:00 Open Sewing (KOK)  
 1:00 Bocce Ball (CIT)  
 1:30 Cancer Support Group 1<sup>st</sup> (PR)

## SATURDAY

**A.M.**  
 7:30 Pancake Breakfast  
 1<sup>st</sup> & 3<sup>rd</sup> Sat. (BR)  
 9:15 Shuffleboard group play (SC)  
 10:00 Cued Ballroom Dance Club (BR)  
**P.M.**  
 6:00 Mexican Train Dominoes (CR)  
 6:30 Hand & Foot, Rook (CR)

## SUNDAY

**A.M.**  
 7:30 Coffee (PR)  
 7:30 Tennis Early Bird Round  
 Robin (TC)  
 9:00 Open Quilting (KOK)  
 9:30 Tennis Mixed Round Robin (TC)  
 9:30 Coffee (BR)  
 10:00 Church (BR)  
**P.M.**  
 12:30 Ponytail Canasta (CR)  
 1:00 Bocce Ball (CIT)  
 5:00 Solos 2<sup>nd</sup> & 4<sup>th</sup> (AZ)  
 7:00 Pinochle (CR)

*Computer Room, Billiards,  
 Ceramics, Lapidary,  
 Silversmith, & Woodshop,  
 hours are posted on the  
 respective rooms for open  
 times.*

## HAPPY HOUR SCHEDULE

Jan. 10<sup>th</sup> Easy Sounds  
 Jan. 17<sup>th</sup> Breeze  
 Jan. 24<sup>th</sup> Midnight Moon  
 Jan. 31<sup>st</sup> Terry Hutchinson  
 Feb. 7<sup>th</sup> Brookharts  
 Feb. 21<sup>st</sup> Breeze  
 Feb. 28<sup>th</sup> Midnight Moon  
 Mar. 14<sup>th</sup> Easy Sounds  
 Mar. 21<sup>st</sup> Gene Mann

BYO everything!! Music Only provided!  
 Come have a good time!!

